

## **What You Should Know About Oral Cancer**

- Oral Cancer often starts as a tiny, unnoticed white or red spot or sore anywhere in the mouth.
- It can affect any area of the oral cavity including the lips, gum tissue, check lining, tongue and the hard or soft palate.
- Other signs include:
  - A sore that bleeds easily or does not heal
  - A color change of the oral tissues
  - A lump, thickening, rough spot, crust or small eroded area
  - Pain, tenderness, or numbness anywhere in the mouth or on the lips.
  - Difficulty chewing, swallowing, speaking or moving the jaw or tongue
  - A change in the way teeth fit together
- Oral Cancer most often occurs in those who use tobacco in any form.
- Alcohol use combined with smoking greatly increases risk.
- Prolonged exposure to the sun increases the risk of lip cancer.
- More than 25% of oral cancers occur in people who do not smoke and have no other risk factors.
- There has recently been proven direct correlation between the Human Papilloma Virus and Oral Cancer
- There has been a five-fold increase in incidence in Oral Cancer patients under the age of 40.

All walkers will receive a free T-shirt when they check in or register the morning of the walk. At the completion of the walk all participants will receive a canvas bag.

All registered walkers enjoy lunch compliments of  
**Marchelloni's  
Pizza**

For every \$25 raised you will receive a raffle ticket. After the walk is completed we will be having a drawing for gift baskets and gift cards donated by local businesses.

Pre-registered is preferred... We **strongly** recommend sending in your registration form with the \$25 minimum requirement and then continue to get sponsors.

**3<sup>rd</sup> Annual  
Oral Cancer  
Awareness  
Walk  
May 22, 2010**

**“A Cure”  
For Oral Cancer  
“One Step At A  
Time!”**

Complimentary Lunch  
Provided by:  
**Marchelloni's Pizza**

**BUHL PARK, HERMITAGE,  
PA**

**Organized by the office of  
Dr. Dale Spadafora, DMD,  
MAGD  
Hermitage, PA 16148  
724-34SMILE**